

# OUTLINE: COMPOSITES

**WHO AM I?**

**WHAT IS MYCELIUM ?**

**MYCELIUM COMPOSITES**

**WORKSHOP STEP BY STEP**





# ANNAH-LOLOLADE SANGOSANYA

**Bioengineer and textile designer**

PhD at the Vrije Universiteit Brussels



**M. Eng in biology (INSA Toulouse).**

Specilized in microbiology, genetic engineering and fermentation processes.



**Fabricademy: textile design,  
sustainability and technology 21/22**

Focus on textile recycling, mycelium, biomaterials, 3D design and digital fabrication.



**Researcher in mycelium materials  
and textile biodegradation.**

Developpement of a mycelium materials lab in Barcelona with Jessica Dias and continuation of postgraduate thesis project into a PhD.

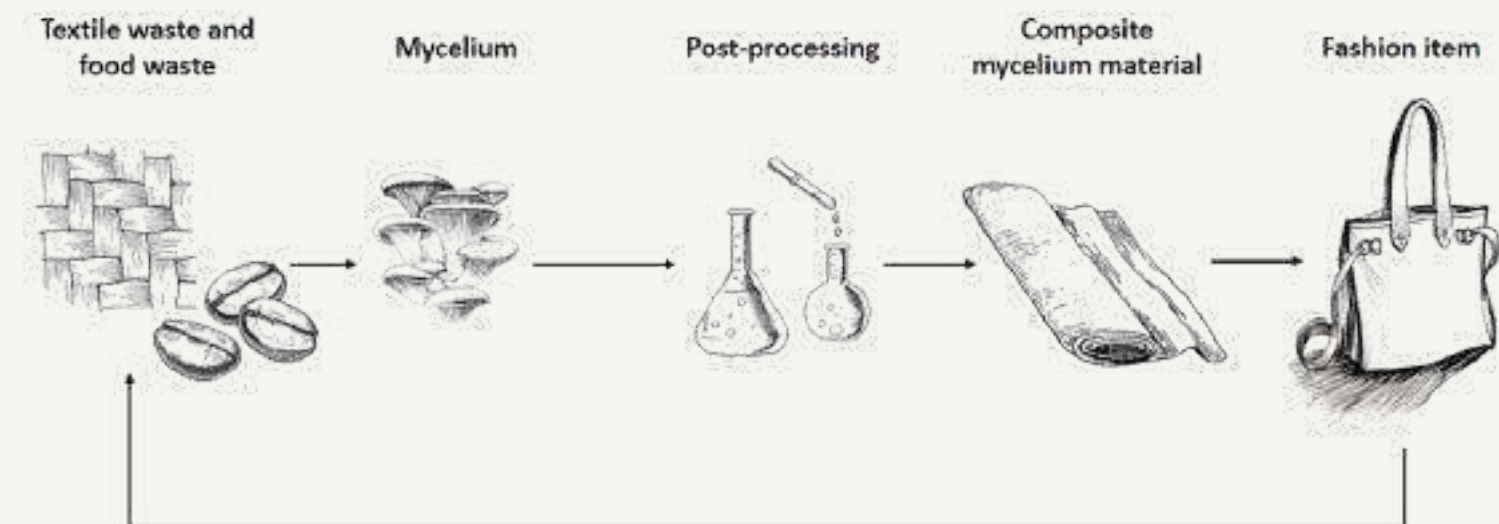




# PHD AT VUB

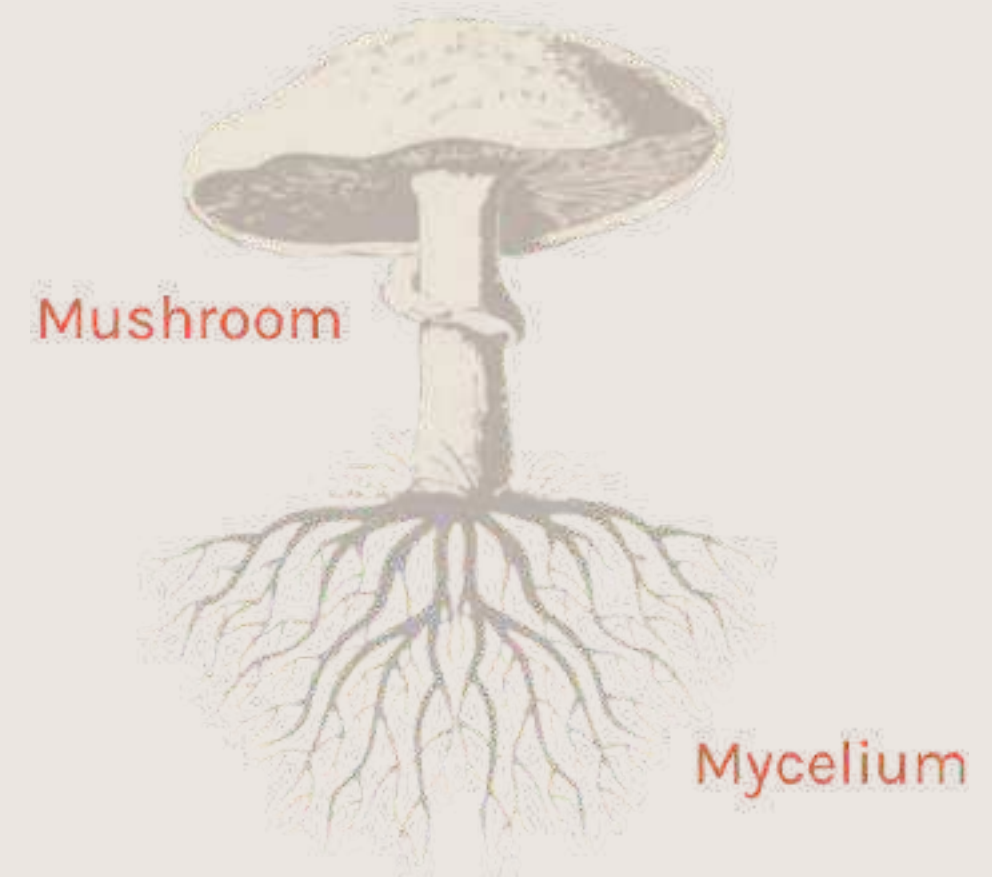
## OBTENTION OF A FWO SCHOLARSHIP

Development of a PhD proposal with Vrije Universiteit Brussels from my fabricademy work on textile biodegradation using mycelium. Development of mycelium leathers and investigation of textile recycling with mycelium.





# WHAT IS MYCELIUM?



*“Roots” of fungi*



# NOT A PLANT !



*Grow from the tip*



*If you cut it, it regrows*



*It's stomach is outside*



*Very diverse*

---

Fungi are NOT plants, nor animals.





Mushroom Clone Petri Dish Time Lapse



Share

# PETRI DISH TIME LAPSE



Watch on  YouTube



# MYCELIUM MATERIALS

Biobased alternatives that can be used for various materials:

- solids
- leather like
- foam



Ecovative – AOS designs



# MYCELIUM COMPOSITES

Solid materials made from mycelium growing on a substrate

Mycelium = biological glue

Revalorization of agricultural waste

Replacement of styrofoam for packaging

Density can be increased → construction

Thermal and sound insulation properties, fireproof, antibacterial

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Alea Works – Somos Mosh – Hy-Fi – MycoHab



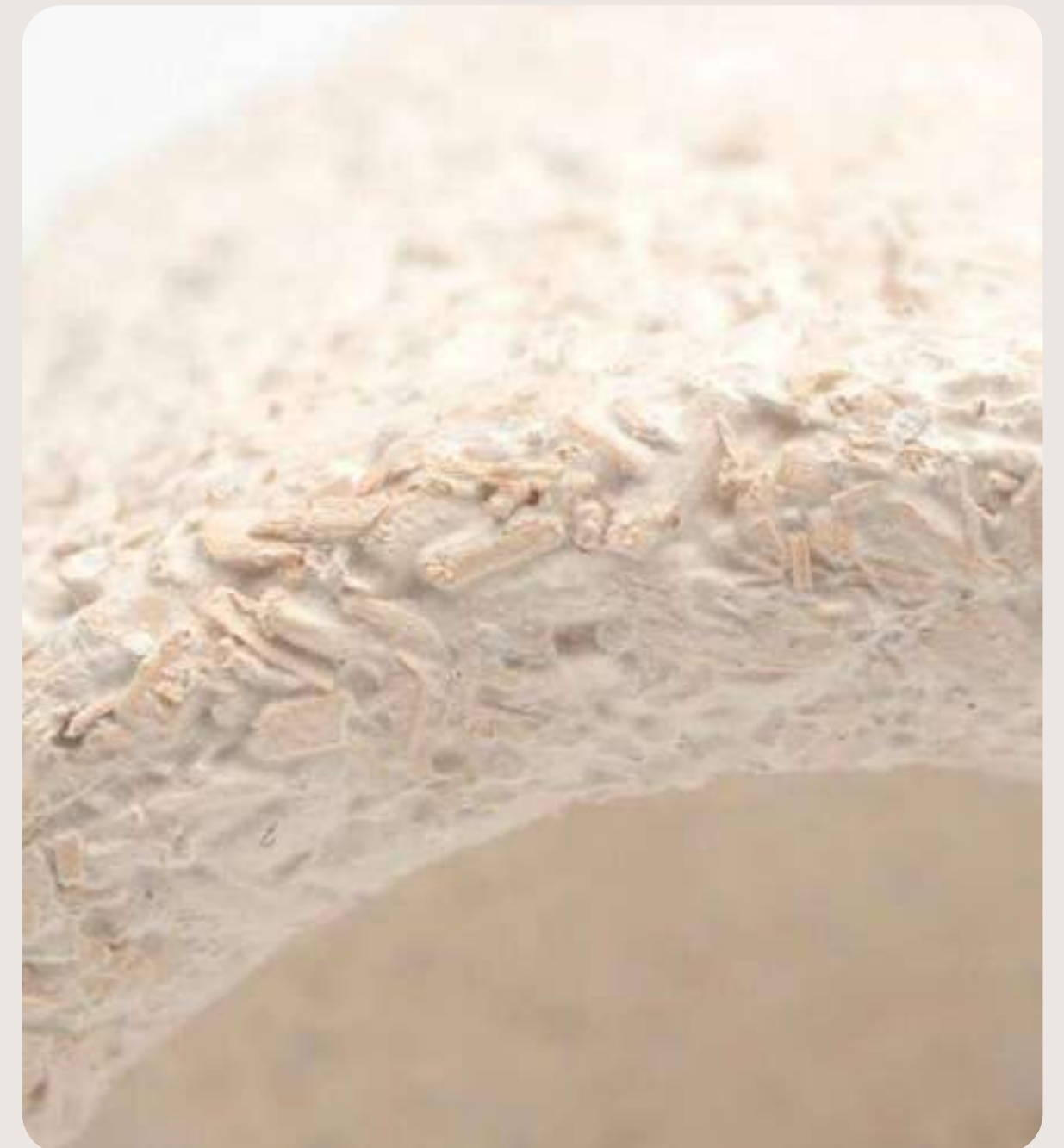
# MYCELIUM COMPOSTIE

## Take home messages

Mycelium composites consist of an agricultural waste (the substrate) bound together by the mycelium.

Mycelium acts as a biological glue and keeps the hemp together into an object.

The object is made at the same time of the mycelium AND its food.





# STRAINS OF TODAY



*Oyster*



*Ganoderma resinaceum*  
"Reishi"



*Ganoderma sessile*



*Pycnoporus sanguineus*



# STEP BY STEP PROCESS



*Loosen the mycelium block*



*Add hemp, flour and water, and mix*



*Put in mold and cover*



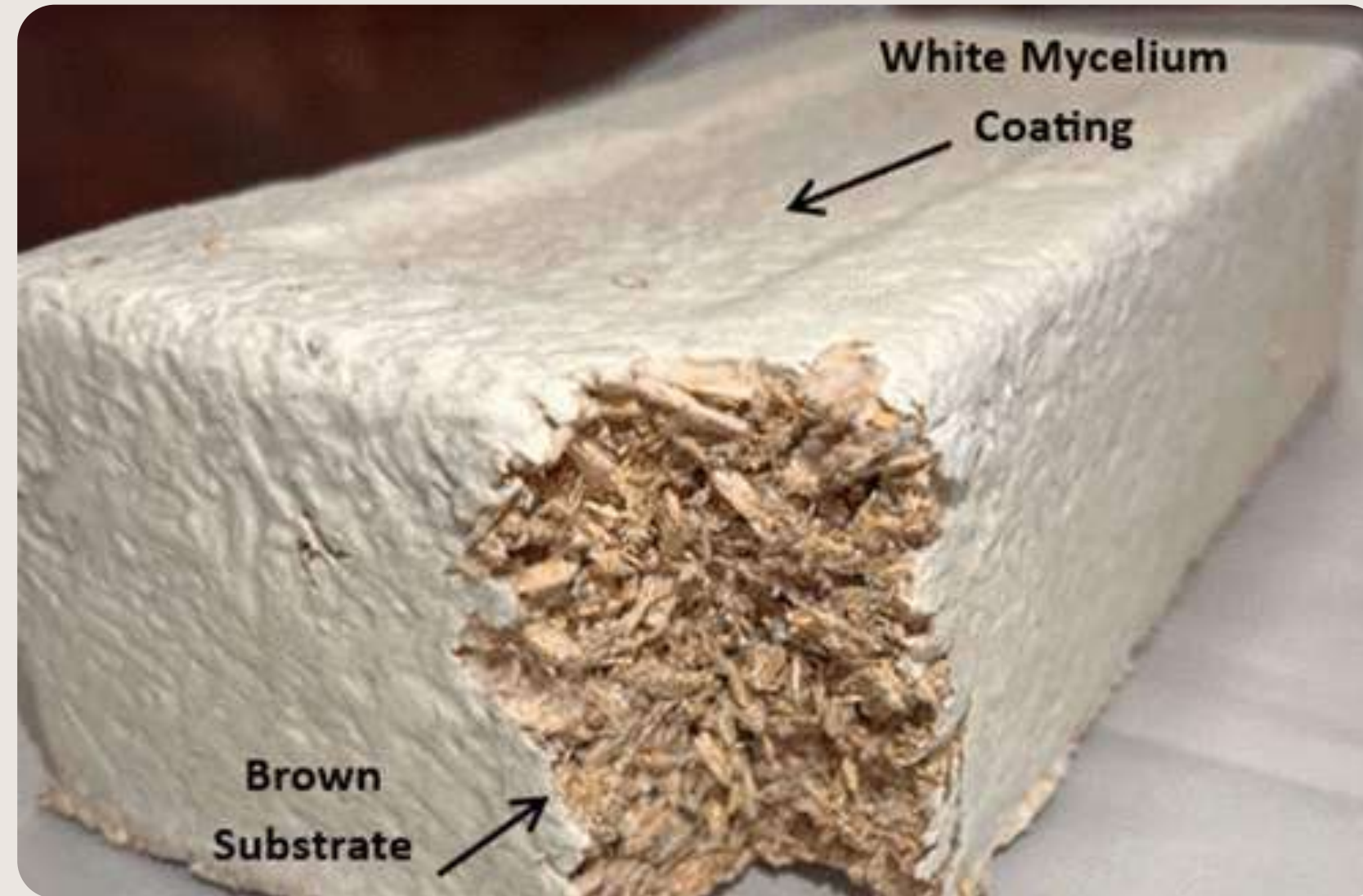
*Incubation ~25°C, 1-3 days*



# STEP BY STEP PROCESS



*Unmolding*



*Incubation ~25°C, 1-3 days  
formation of the soft white pellicula*



*Drying*





# OUTLINE: MYCELIUM SKINS

**MYCELIUM: BIOLOGY RECAP**

**FUNGAL SKINS: MACRO**

**WORKING STERILE**

**STEP BY STEP**





# WHAT IS MYCELIUM?



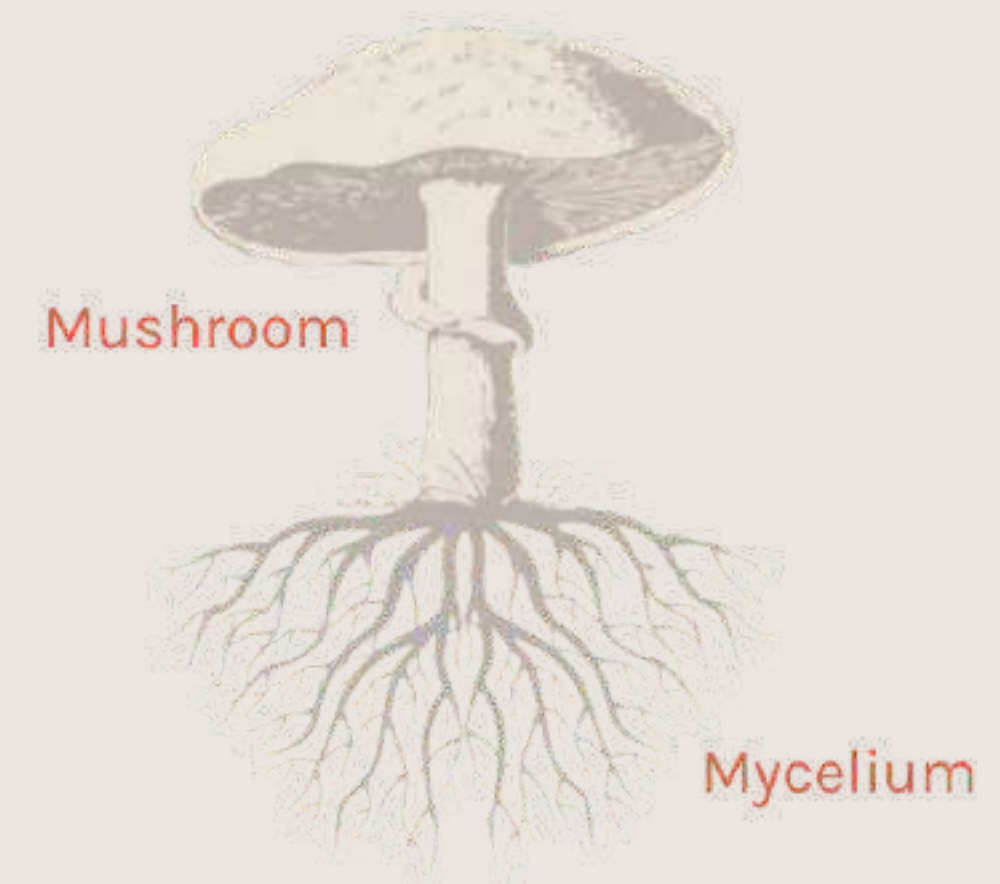
*Fruiting body*



*“Roots” of fungi*



*Vegetative part*



*Fruiting body only appears  
when it wants to reproduce.*



# NOT A PLANT !



*Grow from the tip*



*If you cut it, it regrows*



*It's stomach is outside*



*Very diverse*

---

Fungi are NOT plants, nor animals.



# HOW ARE MYCELIUM SKINS GROWN ?





# NOT SO NEW!



*Mycelium wall pockets,  
1903 Alaska (Tlingit)*



*Mycotech Indonesia*



*Drying*



# STEP BY STEP PROCESS: AGAR PLATES

*Preparing agar*



*20g malt extract  
20g agar  
1L water  
20 min autoclave*

*Pouring petri plates*



*Clean the surfaces with ethanol  
Working at the flame  
Sterile workflow*

*Making a transfer*



*Scalpel sterilization  
Agar transfer*

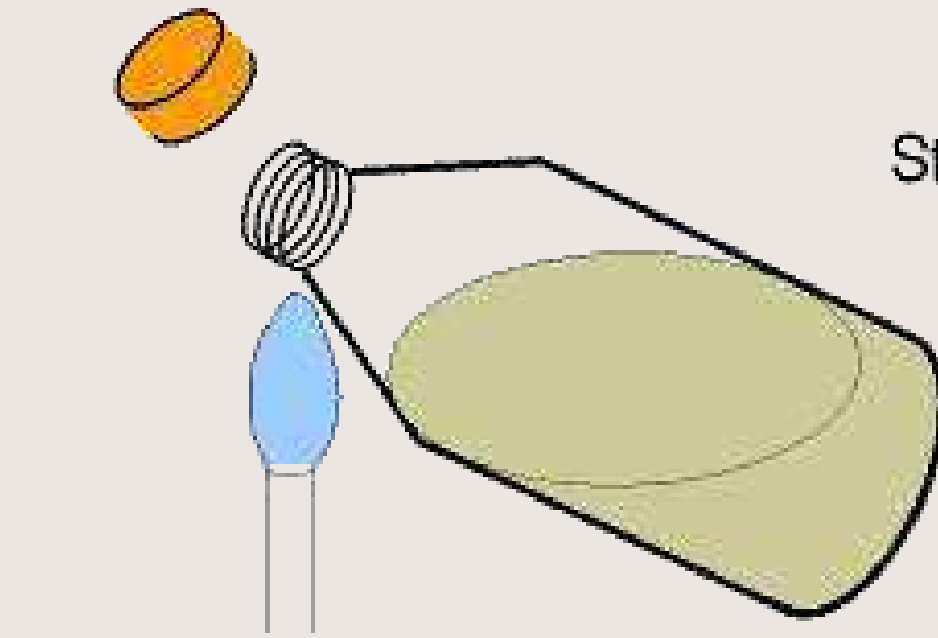
*Incubation*



*~25°C  
5-8 days*



# "Pouring a Plate"

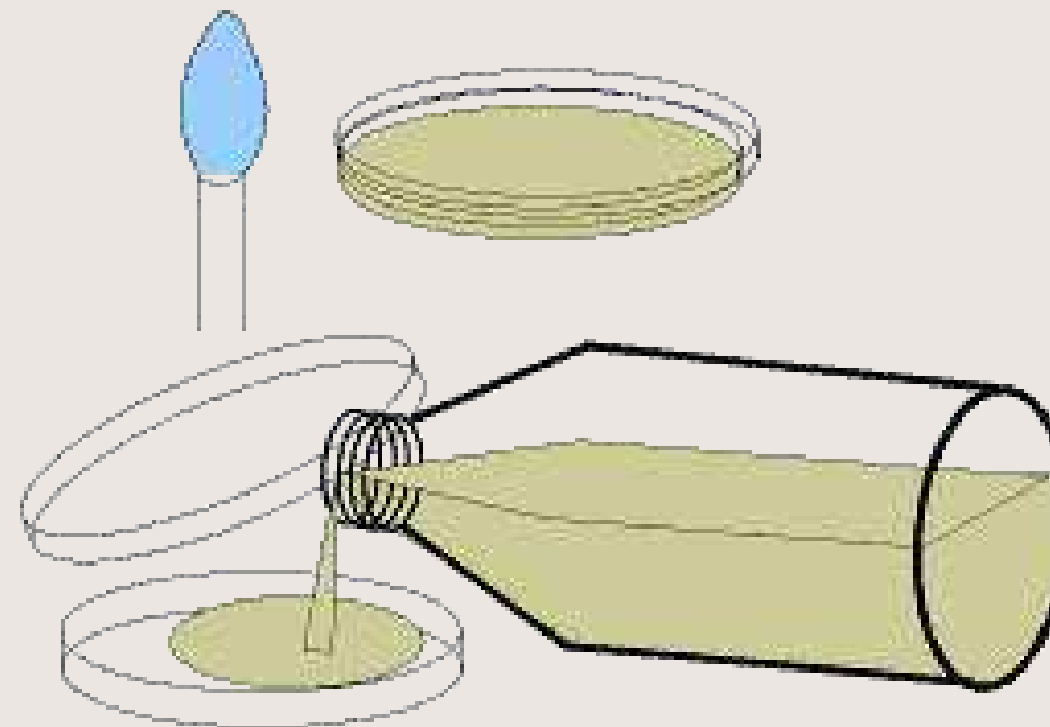


Neck of agar bottle is passed through flame

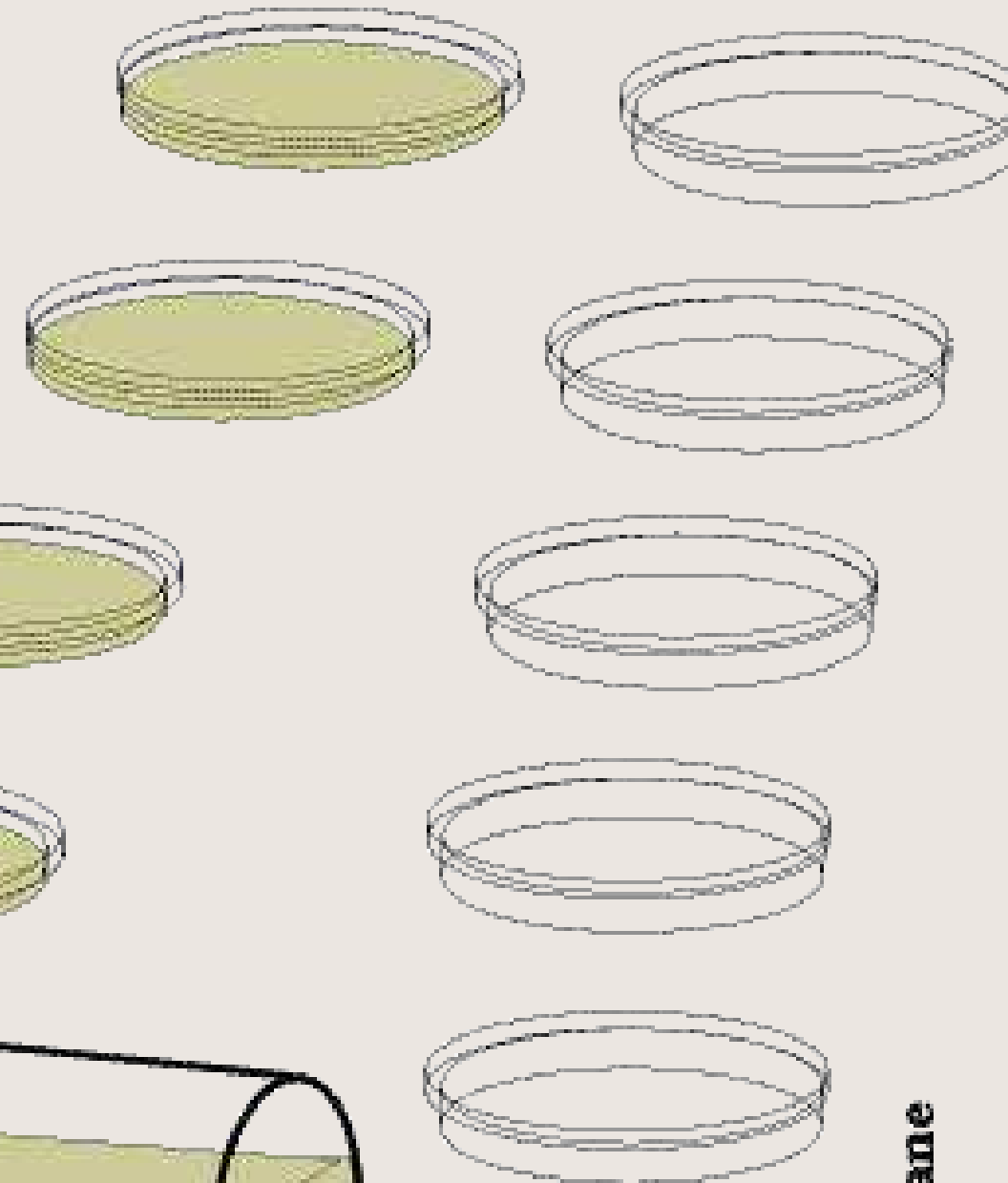
Sterilised molten agar is poured in and left to set.



Petri dish lid is opened as little as possible, angled and kept over the base.

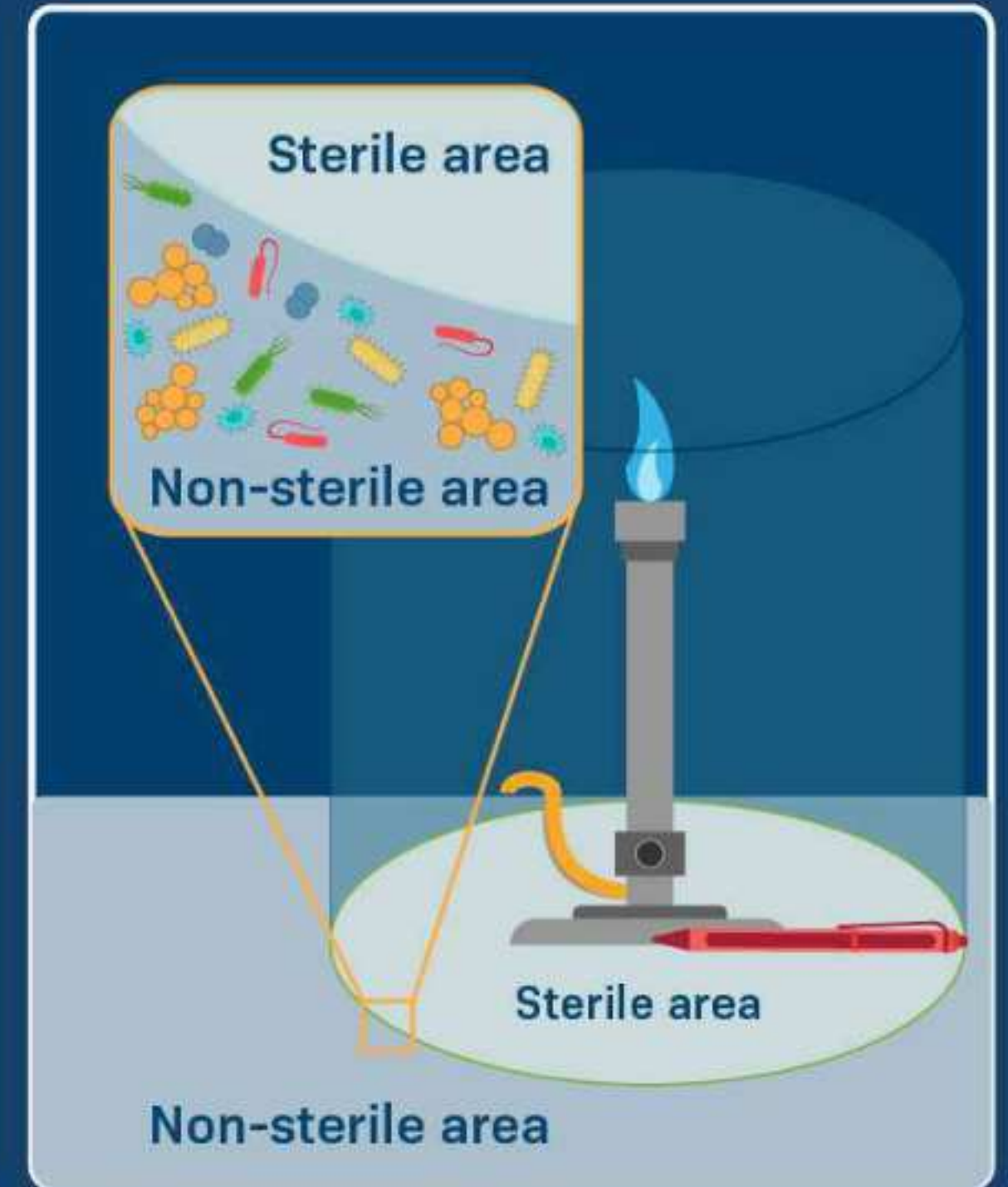
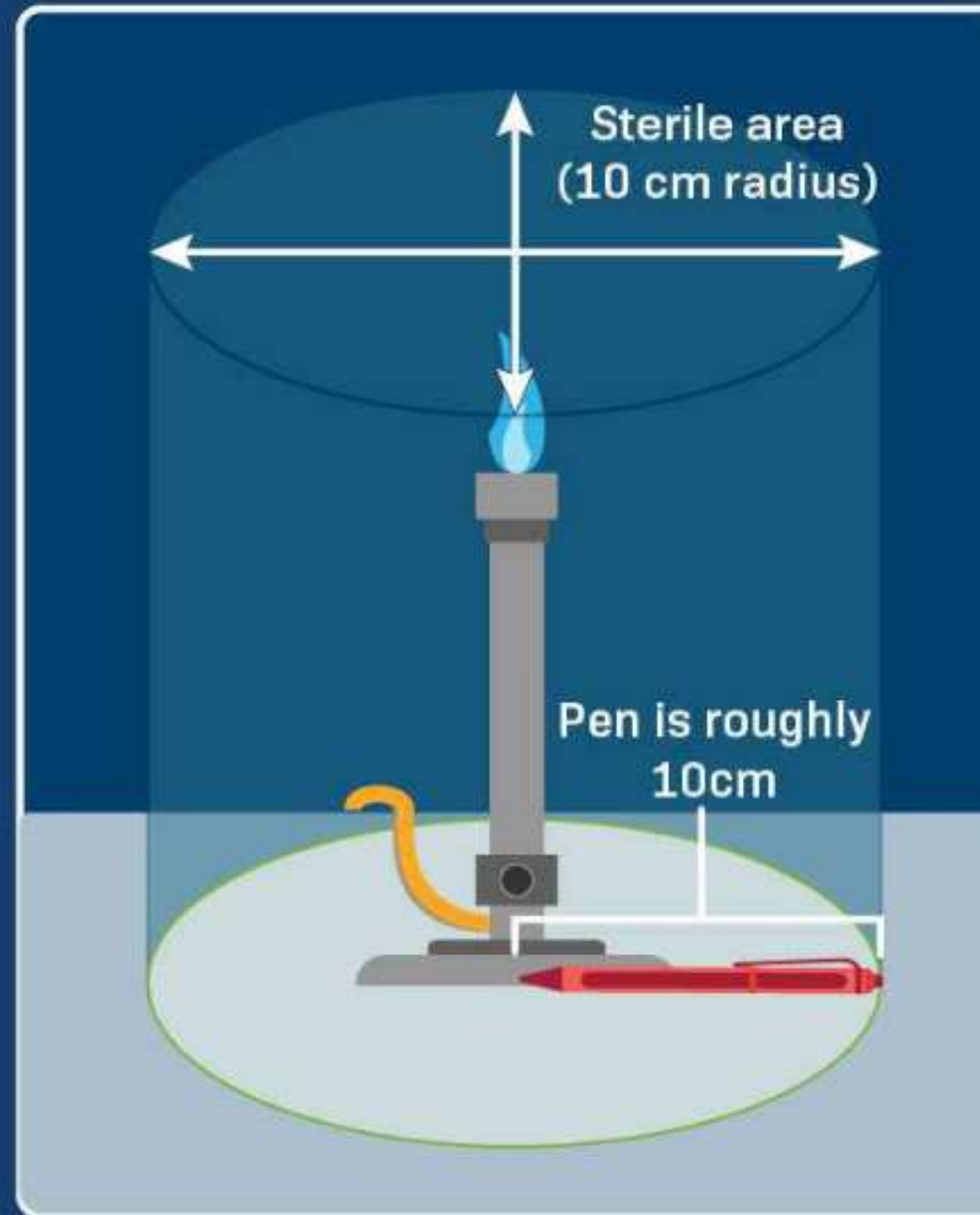
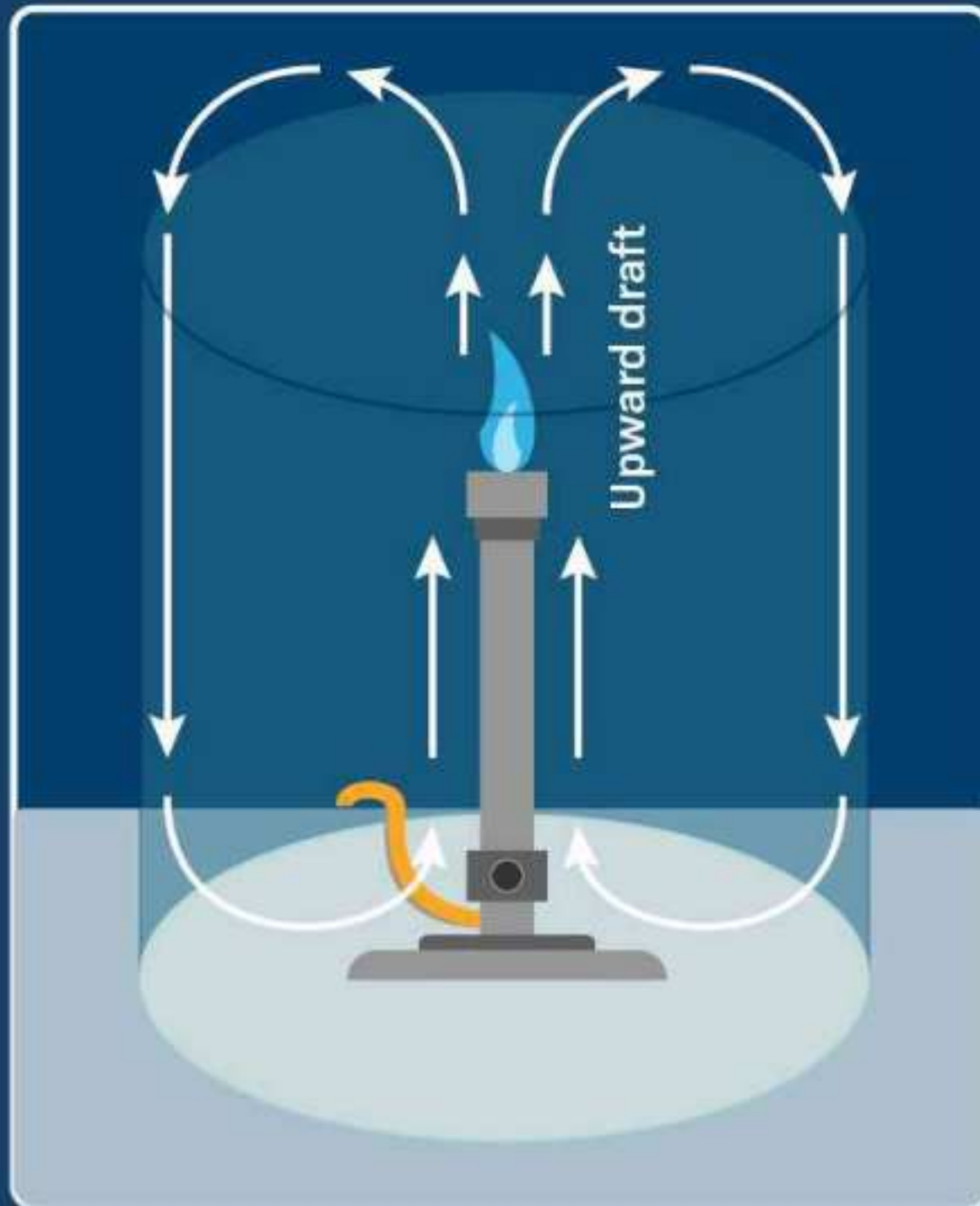


Each Petri dish holds about 20 ml, so 200ml will do for 10.





# STERILE AREA OF THE BUNSEN BURNER





# STEP BY STEP PROCESS: LIQUID CULTURE

*Liquid media preparation*



*Malt extract broth (MEB):  
20g malt extract  
1L water  
20 min autoclave*

*Inoculum preparation*



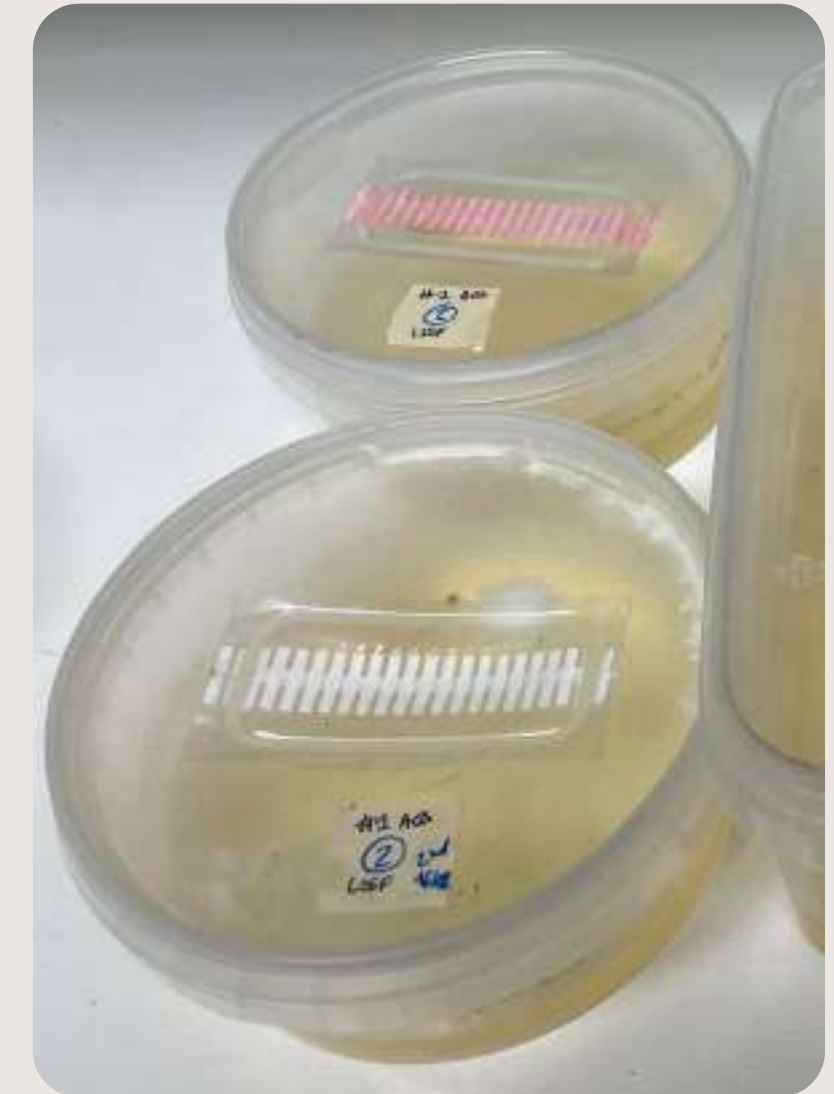
*Working at the flame  
To a sterile jar with MEB, add  
a petri plate and blend (blender  
or beads method)*

*Liquid cultures*



*Working at the flame  
To a box, add 100 mL MEB  
and some inoculum.*

*Incubation*



*~25°C  
10 days minimum*



# STEP BY STEP PROCESS: HARVEST AND POST TREATMENT

*Harvest*



*Rinse with water and brush*

*Glycerol bath*



*Prepare a 20% glycerol bath:  
20 mL glycerol + 80 mL water  
Soak for 2h*

*Drying*



*In a food dryer or in an oven,  
dry the sample for 8h*

*Final sample*







# OUTLINE: MYCODEGRADUATION

**ECOLOGICAL ROLE OF FUNGI**

**MYCODEGRADATION EXAMPLES**

**PHD PROJECT PRESENTATION**

**FOCUS GROUP ORGANIZATION**





# ECOLOGICAL ROLE OF FUNGI

## Nature's decomposers

In nature, one of the roles of fungi is to **decompose dead matter**.

Fungi have their stomach outside, they produce units called **enzymes** capable of degrading complex compounds found in their environment in more simple ones that they can then absorb.

Fungi have evolved to produce very diverse enzymes that can degrade a wide variety of compounds, including cellulose, lignin, dyes, and even some plastics.

→ **Bioremediation**

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# THE PURE HYPHAE PROJECT - FABRICADEMY 2021-22

LENZING YOUNG SCIENTIST AWARD - TEXTILE RECYCLING  
(2022)  
CRQLR AWARDS - FUNGI AND MMGH FASHION PRIZES (2022)  
GREEN CONCEPT AWARD 2023 NOMINEE

Textile waste biodegradation using mycelium, use of the material  
grown from it to make a composite material interesting for further  
fashion applications.









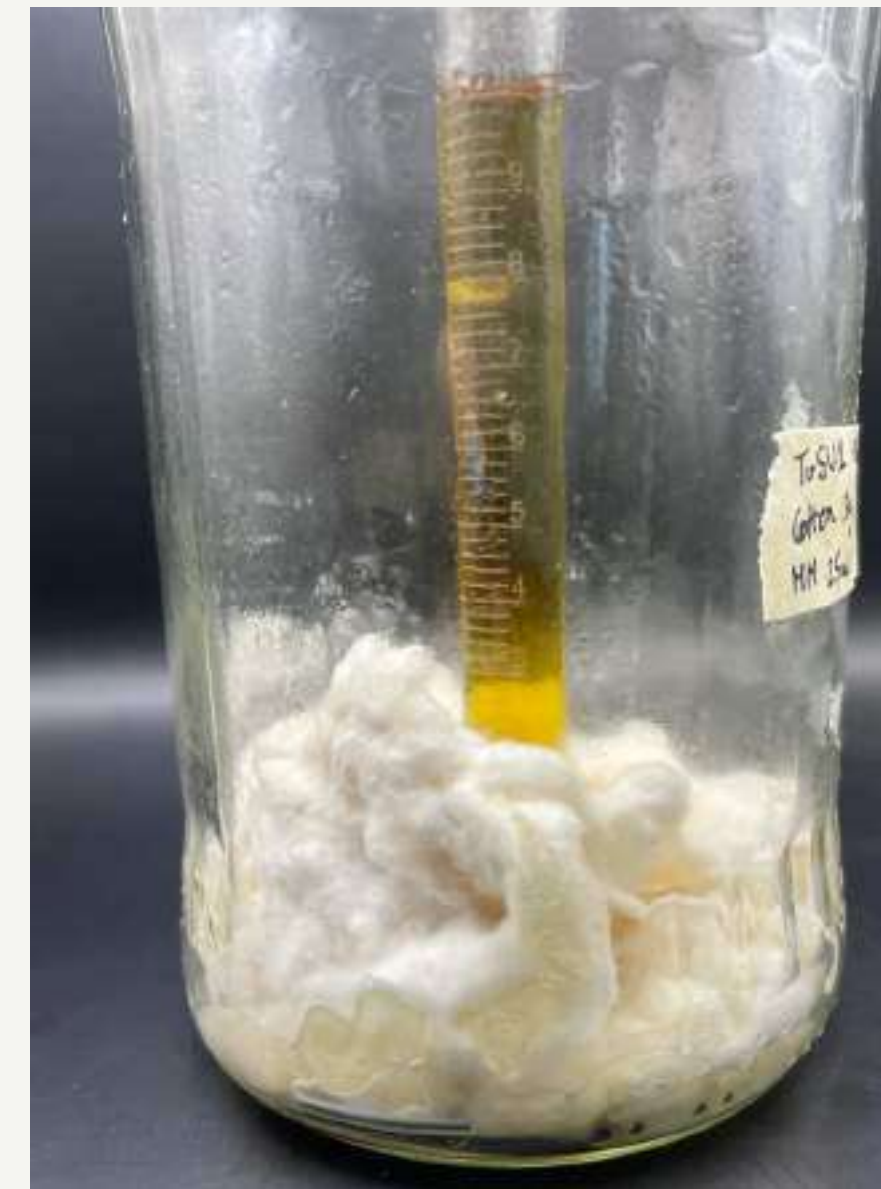
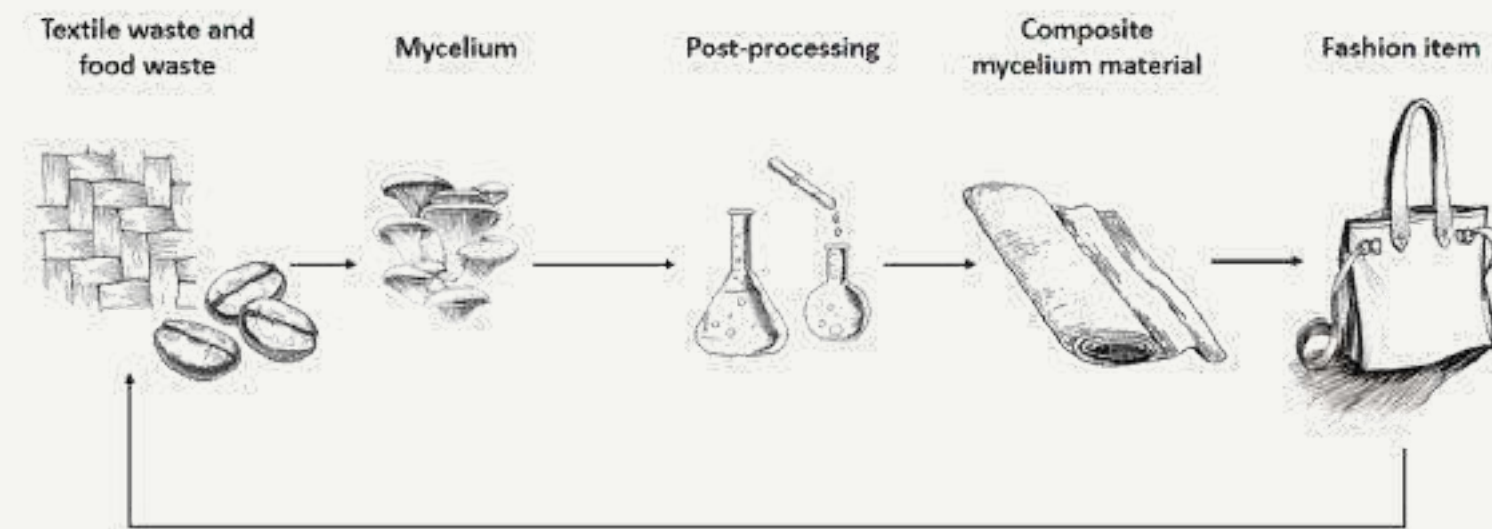


# PhD at VUB



## OBTENTION OF A FWO SCHOLARSHIP IN 2024

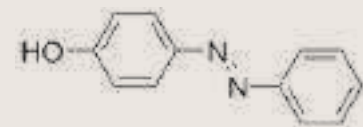
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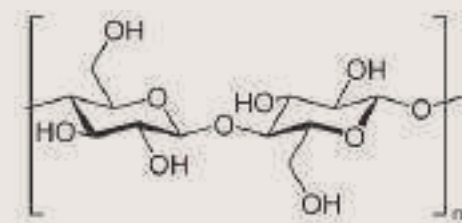
# EXAMPLES OF MYCODEGRADATION

## Azo dyes



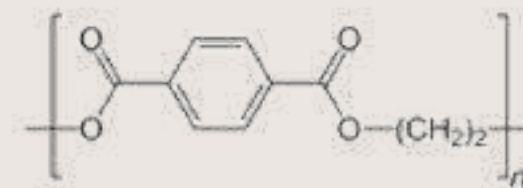
*50-70% of dyes  
used in textile  
industry*

## Cellulose



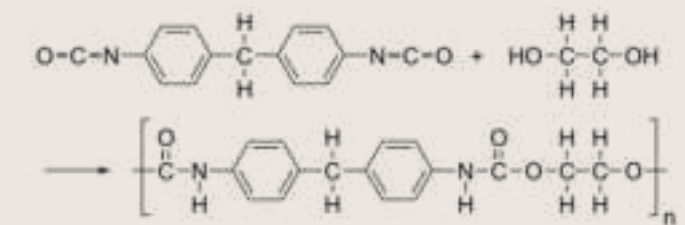
*Main component of  
cotton, linen, hemp,  
rayon, viscose,  
tencel...*

## Polyester (PET)

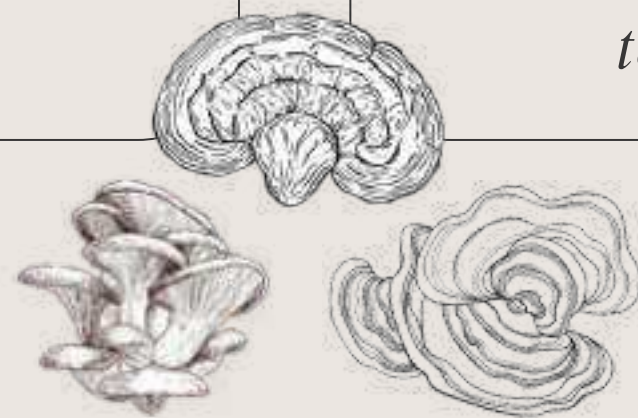


*Most produced  
textile fiber in the  
world (54%)*

## Polyurethane



*Used to make  
spandex, non  
recyclable*



Not all mushrooms can degrade every toxic compound



# POTENTIAL FOR TEXTILE RECYCLING AND REVALORIZATION

Mycelium as a material and as a decomposer

New purposes for poorly recycled textile waste

Soft operating conditions, low energy consumption

New material opportunities

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# FOCUS GROUP TIMETABLE

